

Muhammad Tariq

SAFETY OFFICER

✉ Meertariqk3@gmail.com ☎ +966552018697 📍 Jeddah Saudi Arabia

📄 Transferrable 🌐 [linkedin.com/in/muhammad-tariq-03a368386](https://www.linkedin.com/in/muhammad-tariq-03a368386)



Profile

To work with a team in a well reputed Company, which has the potential to unearth individual excellence, can provide an opportunity to apply my technical, HSE and leadership skills to produce satisfying, exclusive and successful solutions to problems by using my professional skills of Health, Safety and environment in challenging workplace by generating new ideas and create positive changes. Achievement of the zero accident, no lost time injury and elimination of unsafe and unhygienic activities in workplace are the prime goals.

A) SAFETY OFFICER

Manzar Hussain Construction Company

03/09/2020 –

11/10/2024

- Inspects the site to ensure it is a hazard-free environment.
- Prepare training and toolbox topic
- Prepare Safety Plans and Programs.
- Prepare and submit weekly HSE statistic report.
- Conduct investigation and prepare accident/incident/near miss report.
- Prepare safety checklist.
- Prepare safety promotional signboards and warning signboards.
- Verifies that all tools and equipment are adequate and safe for use.
- Promotes safe practices at the job site.
- Enforces safety guidelines.
- Trains and carries out drills and exercises on how to manage emergency situations.
- Conducts job hazard analyses.
- Establishes safety standards and policies as needed.
- Organize emergency response drills and prepare Mock Drill report.
- Responds to employees' safety concerns.
- Give advice and assistance to Safety Manager
- Reviews HSE standard to make sure that complies the standard requirements.
- Attend HSE meeting and prepare minutes of meeting.
- Inspect heavy equipment and ensure that it has valid third-party certificate
- Make sure Public Safety
- Handling Emergency Situations

Project: Al-Shifa
Hospital-Kohat

Education

F.Sc Pre Medical Govt Collage Ekka Ghound Mohmand

S.S.C Science ALI Islamic Academy Sro Kally

Diploma/Certificate

NEBOSH IGC

Future Vision KSA

IOSH

IOSH Board-UK

OSHA

OSHA Board-America

HSE Two Years Diploma

London Institute

Peshawar

First Aid certificate

HIQUAL Board-UK

Fire Fighting

HIQUAL Board-UK

Environment Management IN Level 3

HIQUAL Board-UK

ISO 14001:2015 (EMS) Lead Auditor

HIQUAL Board-UK

Rigging and Lifting Supervisor

HIQUAL Board-UK

Work Permit Receiver

HIQUAL Board-UK

Workplace Safety Training Session

Government of
Pakistan, Ministry of
Interior, Directorate
General of Civil
Defence, Islamabad

Skills

- | | |
|-------------------------------|-----------------------------------|
| • House keeping | • Lifting operation |
| • Risk Assessment | • HACCP Trainings |
| • Waste Management | • Authorized Gas testing |
| • Fire precaution training | • Confined Space Training |
| • Quality Assessment training | • Accident and Incident reporting |
| • First aid | • Scaffolding |
| • Supervisory skills | • Defensive driving |
| • Job safety analysis | • Hazard management |
| • Permit to work system | • Creative problem solving |
| • Traffic management safety | • Safety in Industrial operation |

Language

Urdu

Excellent Speak

Excellent Read

Excellent Write **Interests****English**

Speak

Read

Write

Pashto

Speak

(advance)

Read (advance)

Write (advance)

Like extensive traveling & surfing
internet

Playing hockey, Reading Books and
Hiking

Played Cricket at the District
level, at college

Extra Experience Section

CCTV SECURITY CAMERA & SURVEILLANCE, CCTV Technician & CCTV operator**Custom Section****CIT CERTIFICATE IN INFORMATION TECHNOLOGY**

- Professional and Basic Computer Software Like: MS Office (MS Excel, MS Word, Power Point etc.)
- Computer Operating Systems:
- Windows XP, Windows, Windows 7, Apple Macintosh Operating System 10X
- (Installation, Configuration, Troubleshooting)
- Internet Surfing
- Ms. Internet Explorer, Web Browsing, E-mail Checking,
- Good command on article searching on Internet, downloading
- Accounting Software: Tally, QuickBooks Peachtree are project based