

Hussein AYACHE

Adapted Physical Activity and Motricity graduate with hands-on experience in designing motor development programs for children with special needs. Skilled in improving coordination, balance, and behavioral regulation through structured movement activities. Passionate about inclusive education and promoting physical development in supportive environments.

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Professional Experience

Internship - Education and Teaching Secondary School

E.T.S.S, Nabatieh, Lebanon, Date: October 2025 - December 2025

- Assisted in **developing and implementing individualized motor** programs that focus on **balance, coordination, postural control, and spatial awareness** for students with special needs.
- Adapted physical education activities to accommodate various **functional and cognitive abilities**.
- Applied **behavioral regulation strategies** to improve attention, participation, and engagement.
- Observed, evaluated, and Collaborated with teachers and **multidisciplinary staff** to support students' overall progress.
- Provided individualized support for students with special needs, including **Autism Spectrum Disorder (ASD), ADHD, learning difficulties, Duchenne Muscular Dystrophy (DMD), Cerebral Palsy (CP), Williams syndrome, and DiGeorge syndrome**.

Youth Football Coach – U13

MA Football Academy, Nabatieh, Lebanon, Date: December 2023 - December 2025

- Planned and conducted weekly **training sessions**.
- Developed **age-appropriate drills**.
- Promoted **discipline and positive behavior**.

Volunteer – Inclusive Sports Event - Faites Du Sport

Antonine University, Beirut, Lebanon, Date: April 2025

- Assisted in organizing **adapted games for children with disabilities**.
- Promoted safe, inclusive participation and meaningful engagement among students from diverse backgrounds within the **SESOBEL organization**.

Education

- **Bachelor's degree in Motricity and Adapted Physical Activity**
Antonine University, Beirut, Lebanon, Graduated: 2025
- **Bachelor's degree in Radio and TV**
Lebanese International University, Nabatieh, Lebanon, Graduated: 2020

Skills

- **Technical Skills:**
 - * Design and implementation of individualized Adapted Physical Activity programs.
 - * Motor skills assessment and development.
 - * Adaptation of inclusive physical education to ensure safe and meaningful participation.

- * Movement-based strategies for behavioral regulation.
- * Application of anatomy and motor learning principles with structured progress monitoring and documentation.

- **Soft Skills:**

- * Strong communication and interpersonal abilities.
- * Ability to motivate, engage, and encourage clients.
- * Effective teamwork and collaboration with trainers and staff
- * Strong organizational and time management skills

Extra-Curricular Activities

- **Early Childhood and Cognitive Development**
Alison, December 2025
- **Fundamentals of Occupational Therapy**
Alison, December 2025
- **First Aid Awareness Session Certificate**
Antonine University, November 2025
- **The Negative Impacts of Adverse Childhood Experiences (ACEs)**
Antonine University, March 2025
- **World Table Tennis Day (Volunteer)**
Antonine University, April 2024
- **Diploma D - Football Coaching**
Lebanese Football Association, September 2023

Languages

- **English** ● ● ● ● ●
- **Arabic** ● ● ● ● ●