

Resume: Mohammed Abdulla Apkari

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Location: Raichur, India - 584103

SUMMARY

A dedicated and skilled physiotherapist with comprehensive experience in patient care, rehabilitation planning, manual therapy, and pain management. Proficient in exercise rehabilitation, acute care, and postoperative treatment. Adept at evidence-based decision-making, emotional support, and effective communication. Specializes in musculoskeletal, neurological, and geriatric physiotherapy. Passionate about improving patient outcomes through personalized care and advanced therapeutic techniques.

EXPERIENCE

Physiotherapist | Navodaya Hospital, Raichur, India

January 2025 - Present

- Assessed patients' range of motion and physical function to develop personalized treatment plans.

- Designed and implemented evidence-based rehabilitation protocols tailored to individual needs.
- Utilized electrotherapy modalities, including ultrasound and TENS, for pain relief and tissue repair.
- Delivered manual therapy techniques and guided exercise programs to improve strength, flexibility, and mobility.
- Provided patient-centered care with a focus on clear communication and empathy.
- Applied cupping therapy, dry needling, and acupuncture as adjuncts to osteopathic treatments.
- Ensured accurate documentation of progress and adapted treatment strategies as necessary.
- Collaborated with multidisciplinary teams to achieve optimal clinical outcomes.

EDUCATION

Bachelor of Physiotherapy (BPT)

Navodaya College of Physiotherapy, Raichur | 2020 - 2025

SKILLS

- Patient care & communication
- Rehabilitation & treatment planning
- Manual therapy & exercise rehabilitation
- Pain assessment & acute care management
- Electrotherapy (TENS, ultrasound)
- Dry needling & cupping therapy
- Geriatric, orthopedic & neurological physiotherapy
- Teamwork & clinical decision-making
- Goal setting & patient motivation

LANGUAGES

- English: Advanced (C1)
- Hindi: Advanced (C2)
- Arabic: Elementary (A2)

CERTIFICATIONS

- Certified Cupping Therapist
- Certified Dry Needling Therapist
- Certified Electro-Needling Therapist