



# ARUN SUBRAMANIAN

LIFEGUARD

## PROFILE

A highly skilled & proactive Life Guard with over 5 years of experience in pool and beach safety management, committed to safeguarding lives and maintaining a secure aquatic environment. Possesses expertise in continuous monitoring, risk assessment, and rapid execution of life-saving procedures, including CPR, AED, and first aid. Demonstrates proficiency in enforcing safety protocols, conducting routine equipment inspections, and ensuring hazard-free zones in both indoor and outdoor facilities. Known for exceptional observational skills, decisive action during emergencies, and effective coordination with team members to prevent incidents & respond efficiently when required. Multilingual and adaptable, with a strong focus on professionalism, guest safety, and operational excellence, seeking a challenging role to apply expertise in aquatic safety & contribute to a secure, well-managed environment.

## WORK EXPERIENCE

**POOL & BEACH LIFEGUARD** | December 2023 – December 2025  
SRACO, SAUDI ARAMCO

**BEACH LIFE GUARD** | Six Months  
DUBAI BEACH – DUBAI

**POOL LIFEGUARD** | August 2019 – October 2022  
KAKKAYUR SWING POOL, KERALA, INDIA

## DUTIES & RESPONSIBILITIES

- Coordinated daily lifeguard activities to ensure full safety coverage across swimming pools and beachfront areas.
- Monitored swimming zones to prevent accidents, identify hazards, and ensure the safety of all swimmers and visitors.
- Conducted regular safety audits, facility inspections, and emergency drills in compliance with Saudi Aramco and international safety standards.
- Oversaw pool operations, maintaining water quality, chemical levels, and equipment functionality according to health and safety regulations.
- Trained, mentored, and evaluated new lifeguards on emergency response protocols, rescue techniques, CPR, AED operation, and first aid procedures.
- Responded immediately to emergencies, performing water rescues and administering first aid, CPR, and AED when necessary.
- Prepared accurate & timely incident reports, safety logs & daily activity records.
- Developed, implemented, and enforced safety policies and procedures to minimize risks and promote a safe recreational environment.
- Scheduled lifeguard shifts, managed personnel, and ensured consistent safety coverage while optimizing workforce efficiency.
- Conducted routine inspections of lifeguard equipment, rescue gear, and safety tools to ensure readiness and reliability.
- Maintained clean, organized, and hazard-free swimming areas in both indoor and outdoor facilities.

## CERTIFICATIONS

- Successfully completed the **STA International Pool Lifeguard** certification, awarded by **Safety Training Awards (STA)**, United Kingdom  
Date of Attainment 03/04/2024, Date of Expiry 02/04/2027
- Successfully completed the **STA International Basic Life Support and Automated External Defibrillation** course, awarded by **Safety Training Awards (STA)**, United Kingdom  
Date of Attainment 14/03/2024, Date of Expiry 13/03/2026
- Successfully Completed Lifeguard, First Aid & Resuscitation Certification**  
**Issued By:** Rashtriya Life Saving Society (India)

### Phone

+91 9061070711 / +91 7012339090

### Email

[aruns0711s@gmail.com](mailto:aruns0711s@gmail.com)

<https://www.linkedin.com/in/arun-subramanyain-391770298>

### Area

Odukampara (H), Koduvayur,  
Palakkad, Kerala, 678501, India

## KEY SKILLS

- Emergency Response & Rescue Operations
- Incident Management & Reporting
- CPR, AED, and First Aid Administration
- Risk Assessment & Hazard Prevention
- Lifeguard Training, Mentoring & Evaluation
- Regulatory Compliance & Safety Standards
- Accident Prevention
- Observation & Monitoring
- Conflict Resolution & Customer Service
- Strong Communication Skills
- Interpersonal & Public Interaction Skills
- Pool Equipment Monitoring & Maintenance
- High Alertness & Situational Awareness
- Pool Equipment Handling & Safety Checks
- Incident Reporting & Documentation

## EDUCATION

- Diploma in Automobile Engineering** – All India Technical Education Society
- Secondary School Leaving Certificate (SSLC)** – Government Higher Secondary School (GHSS) Koduvayur, Kerala, 2017

## ADDITIONAL INFO

Nationality : Indian  
DOB : 20-05-2001  
Gender : Male  
Marital Status : Single  
Passport No : W1909239  
Driving License : Two-Wheeler License

## LANGUAGES KNOWN

English, Malayalam, Hindi, Tamil

No. S 339469



R56D6H2B887X3TD87XF4B10B892

GOVERNMENT OF KERALA  
GENERAL EDUCATION DEPARTMENT  
SECONDARY SCHOOL LEAVING CERTIFICATE

Register Number: 336215 Month & Year: MARCH 2017 No. of Chances



This is to certify that the candidate herein has appeared for the SSLC Examination and secured the following

Subject	Grades	Grades in words
First Language Paper - I ( MALAYALAM )	B+	B PLUS
First Language Paper - II ( MALAYALAM )	B+	B PLUS
English	C+	C PLUS
Hindi	C	C ONLY
Social Science	C	C ONLY
Physics	D+	D PLUS
Chemistry	C+	C PLUS
Biology	C+	C PLUS
Mathematics	C	C ONLY
Information Technology	A	A ONLY

RANGE OF GRADES

A+ 90% and above: Outstanding	B 60% - 69% : Good	D+ 30% - 39% : Marginal
A 80% - 89% : Excellent	C+ 50% - 59% : Above Average	D 20% - 29% : Need Improvement
B+ 70% - 79% : Very Good	C 40% - 49% : Average	E Below 20% : Need Improvement

Eligibility for higher studies - Minimum D+ grade for each paper

ELIGIBLE FOR HIGHER STUDIES

- Name of Candidate : ARUN . S
- Name in Regional Language : അരുൺ. എസ്
- Name of School : G.H.S.S. KODUVAYYUR
- Admission No. : 10374
- Date of Birth (in figures) : 20/05/2001  
(in words) : TWENTIETH MAY TWO THOUSAND ONE
- Sex : MALE
- Religion & Caste : HINDU, EZHAVA
- Whether SC/ST/OEC/OBC/GL : OBC
- Nationality : INDIAN
- Place of Birth : KODUVAYYUR
- Name of Mother : SOUDHA . K
- Name of Father : SUBRAMANIAN . M
- Name of Guardian : SUBRAMANIAN . M
- Home Address : ODUKUMPARA, KODUVAYYUR PO, 678501, PALAKKAD.

15. Identification Marks

BLACK MOLE ON LEFT SIDE OF THE NOSE  
BLACK MOLE ON THE LEFT SHOULDER  
SREESHANMADAS.A.R

*(Signature)*



HEADMASTER  
GOVT. HIGH SCHOOL  
KODUVAYYUR P.O.  
PALAKKAD-678501  
Name & Signature of the Head of School



BOARD OF PUBLIC EXAMINATIONS  
KERALA  
Date of Publication of Result : 05/05/2017

SECRETARY  
LAL K.I  
Board of Public Examinations, Kerala

Awarded by

# Safety Training Awards

## STA International Pool Lifeguard



The learner has demonstrated competence in all required learning outcomes to be awarded this certificate. 3 metres

Awarded to **ARUN SUBRAMANIYAN (S/815877)**  
Date of Attainment **03/04/2024** Date of Expiry **02/04/2027**  
Course Reference No. **211013-02** Qualification No. **IPL20**

**Dave Candler**, Chief Executive STA

This electronic certificate has been awarded through STA Online. To check its validity, go to [www.sta.co.uk/validity](http://www.sta.co.uk/validity).  
This certificate remains the property of STA and must be returned on request. Records registered at STA.



VALIDITY CHECK

Awarded by

## Safety Training Awards

# STA International Basic Life Support and Automated External Defibrillation



The learner has demonstrated competence in all required learning outcomes to be awarded this certificate.

Awarded to	ARUN SUBRAMANIYAN (S/815877)		
Date of Attainment	14/03/2024	Date of Expiry	13/03/2026
Course Reference No.	210585-02	Qualification No.	ICPRAED21

**Dave Candler**, Chief Executive STA

This electronic certificate has been awarded through STA Online. To check its validity, go to [www.sta.co.uk/validity](http://www.sta.co.uk/validity).

This certificate remains the property of STA and must be returned on request. Records registered at STA.



Continuing Professional Development Awarded by

# Safety Training Awards

## STA Tutor CPD



Awarded to	ARUN SUBRAMANIYAN (S/815877)		
Date of Completion	15/01/2026	Date of Expiry	N/A
Certificate No.	260115072906	CPD Value	Point

**Dave Candler**, Chief Executive STA

This electronic certificate has been awarded through STA Online. To check its validity, go to [www.sta.co.uk/validity](http://www.sta.co.uk/validity).

This certificate remains the property of STA and must be returned on request. Records registered at STA.







MEMBERSHIP NO. 25-11-2022/AAAEA

NAME ARUN S

OATH  
IN THE NAME OF GOD  
I SWEAR OR SOLEMNLY  
AFFIRM THAT I WILL ALWAYS  
AND EVERY TIME RENDER  
WILLING AND PROMPT  
ASSISTANCE OR FIRST AID  
TO ANYONE I SEE IN NEED

Member  
By: *[Signature]*  
No. 7825010

Certificate Id : 25-11-2022 T38CV

Membership Number : 25-11-2022 AA/AEA



# LIFEGUARD CERTIFICATE



This is to certify that

Arun S

has successfully qualified in

## RESUSCITATION - FIRST AID - LIFE GUARDING



*[Signature]*  
REJI K S

INSTRUCTOR

*[Signature]*  
Tom Joseph

EXAMINER

Nov 25 2022

DATE

Valid until : Nov 25 2023

*[Signature]*  
R. Adm. P. D. Sharma (Retd.)

PRESIDENT  
RASHTRIYA LIFE SAVING  
SOCIETY (INDIA)

Valid for employment

Validity 1st Issue - 1 year

1st renewal - 2 years & thereafter every 3 years

# PRIYA CLUB KAKKAYUR

Reg. NO. PKD/CA/72/2022

Kakkayur Post,

Palakkad District,

Kerala State, India - 678 512

Mob : 9497123430

E-mail: priyaclubkakkayur@gmail.com



A. THULASIDAS  
Secretary

V. SUNITHAKUMARI  
President

Date: 02-11-2022

## TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Mr. ARUN. S** has been worked with the **PRIYA CLUB KAKKAYUR** as **Swimming Pool Lifeguard** since **05<sup>th</sup> August 2019** to **30<sup>th</sup> October 2022**.

During his years, he helped us in maintaining swimming pool safely and retained good relationship with customers. He also helped us coordinate several events. He was a dedicated employee involved in extra curricular activities with the other employees.

We wish him good luck in all his future endeavors.

With Regards,

Secretary

