

# Fazal ilahi REGISTERED NURSE

Date of birth: 17/12/1992 Nationality: Pakistani Phone number: (+92) 3448962245(Mobile) Email address: <u>fazalilahi222@gmail.com</u> Email address: <u>fazalilahi222@gmail.com</u> WhatsApp Messenger: +923448962245

Address: Village:Bengali,Teshil: puran,Distt Shangla, KpK, 25000, Peshawar, Pakistan (Home).

**About me:** I experienced healthcare leader with 5-plus years of nursing i.e. Critical care Nursing, Public health nursing, Quality patient and safety, Coronary care nursing, and Emergency nursing management expertise. Skilled in motivating interdisciplinary teams to provide exceptional patient care and outcomes. Proficient in strategic planning, budgeting, and resource allocation to ensure operational success and regulatory compliance. Effective communicator and relationship-builder, dedicated to improving healthcare delivery and promoting patient safety.

## **Experience**

1. <u>26/08/2022– Up-to-date</u>

Registered Nurse Officer (Emergency Department) District Head Quarter Hospital Parachinar Pakistan

Total # Beds: 150

Nurse to Patient Ratio: 1:06

# Beds in Unit: 20 Beds

## **Responsibilities**

- Assessing patients
- Providing emergency care
- Monitoring patients
- Collaborating with interdisciplinary teams
- Managing multiple cases
- Adhering to protocols and procedures
- Administering medications and treatments

- Documenting and reporting
- Continual learning and professional development
- Adapting to emergencies and disasters
- Ensuring equipment readiness
- Advocating for patients
- Promoting community health and education

## **Cases Handled:**

RTA, Gunshot injuries, COPD, Chest Infection, Pneumonia, LRTI, SOB, AKI, Renal Failure, Heart Burn, Chest Pain, Headache, CVA, Confusion, High Fever, Septicemia, Head Injury.

### **Specialized Equipment Used**

CPR Trolley, Treatment Trolley, IV Pumps, Feeding Pumps, Chest Drains, Cardiac Monitors, CPAP, BIPAP, and Basic Ventilator.

## 2. 30/03/2020 - 26/07/2022

Charge Nurse: orthopedics ward +COVID 19 ward Leady reading hospital Peshawar Pakistan Total # Beds: 1000 Nurse to Patient Ratio: 1:2 # Beds in Unit: 30 Beds

## **Responsibilities:**

- Leadership and supervision
- Patient care management
- Triage and prioritization
- Emergency response
- Infection control and prevention
- Communication and collaboration
- Staff training and education
- Quality assurance and patient safety
- Documentation and reporting
- Emotional support

- Continuous learning and professional development
- Compliance and regulatory requirements

#### **Cases Handled:**

RTA, Trauma, FAI, Disaster, Pneumonia, Acute Respiratory Distress Syndrome (ARDS), Long COVID, Secondary Infections, Organ Failure, Deep vein thrombosis (DVT), pulmonary embolism (PE), stroke, Myocarditis, and Cardiac Injury.

#### **Specialized Equipment Used:**

ABG machine, CPR Trolley, Treatment Trolley, IV Pumps, Chest Drains, Cardiac Monitors, CPAP, BIPAP, and Ventilator.

#### 6/02/2018-5/02/2019

#### **Generic BScN Graduate Internship**

Rehman medical institute Peshawar Pakistan Total # Beds: 500

- Orientation 2 weeks
- Medical Nursing (adult) 4 weeks
- Surgical Nursing (adult) 4 weeks
- Emergency department 4 weeks
- Pediatric Nursing 8 weeks
- Psychiatric Nursing/ 4 weeks
- Nursing Management 4 weeks
- Area of Choice (Elective):
- Critical Care Nursing (surgical ICU, CCU, /16 weeks

#### Specialized Skills, Licenses, and Training:

• Registered Nurse by Pakistan Nursing Council

# Education:

## 2014 To 2017

BS Nursing Rehman College of Nursing Peshawar Pakistan

### Dataflow

Dataflow clear for sudia Arabia Classification done